

<u>E-Dan and above Terminology Requirements</u>	<u>Translation</u>
1 Ha Dan Mahk Kee	Low Block
2 Choong Dan Kong Kyuk	Middle Punch
3 Ahneso Phakuro Mahk Kee	Inside/Outside block
4 Choong Dan Yup Mahk Kee	side middle block (back stance)
5 Chongng Dan Soo Do Mahk Kee	middle knife hands block
6 Ha Dan Mahk Kee, Tuel Oh Choong Dan Kong Kyuk	low block, middle punch
7 Ahp Cha Nut Gi, Tuel Oh Choong Dan Kong Kyuk	front kick, middle punch
8 Ha Dan Mahk Kee, Ahneso Phakuro Mahk Kee, Tuel Oh Choong Dan Kong Kyuk	low block, inside/outside block, middle punch
9 Wheng Jin Kong Kyuk, Hu Jin, Choong Dan Yup Mahk Kee	side middle punch retreat side middle block (back stance)
10 Yuk Jin Kong Kyuk	reverse punch
11 Dollyo Cha Gi, Kap Kwan Kong Kyuk, Tuel Oh Choong Dan Kong Kyuk	Roundhouse kick, backfist, middle punch
12 Yup Podo Cha Gi, Sang Dan Mahk Kee Tuel Oh Choong Dan Kong Kyuk	side kick, high block, middle punch
13 Sang Dan Mahk Kee, Tuel Oh Pal Koop Kong Kyuk	high block, elbow strike
14 Ha Dan Mahk Kee, Tuel Oh Soo Do Kong Kyuk	low block, knife hand
15 Ahp Cha Nut Gi, Ha Dan Mahk Kee, Tuel Oh Sang Dan Kong Kyuk	front kick, low block, high punch
16 Ahneso Phakuro Cha Gi, Tuel Oh Yuk Soo Do Kong Kyuk	inside/outside kick ridge hand
17 Ahp Cha Nut Gi, Ha Dan Mahk Kee, Tuel Oh Pal Koop Kong Kyuk	front kick, low block, elbow strike
18 Dwi Cha Gi, Ha Dan Mahk Kee, Tuel Oh Pal Koop Kong Kyuk	back kick, low block, elbow strike
19 Phakeso Ahnuro Cha Gi, Gatten Bal Yup Podo Cha Gi, Tuel Oh Sang Dan Kong Kyuk	outside/inside kick, hold, side kick, high punch
20 Phakeso Ahnuro Cha Gi, Choi Ha Dan Soo Do Mahk Kee, Tuel Oh Choong Dan Kong Kyuk	outside/inside kick reverse low knife hands, middle punch